



chiro**o**dy.co.uk

# Toenail Reconstruction

## What is it?

Toenail reconstruction is a procedure used within podiatry to build a new toenail when the original nail is damaged, unsightly or lost following injury or surgery. The reconstructed nail is flexible, and can be filed and painted exactly the same as you would a natural nail. Just avoid nail polish removers containing acetone as this can denature the resin.

## Who is it suitable for?

Anyone who feels they would like a cosmetic improvement to their nail. Nail reconstruction is perfect for;

- Fungal nail infections
- Cracked / split nails
- Bleeding under the nail
- Trauma nail resulting in a permanently disfigured nail plate
- Damaged nail following nail surgery
- Thickened and unsightly nails
- Nail discolouration

Please be aware, nail reconstruction can be performed on those who have no nail at all following injury of trauma, but it is unlikely that the reconstruction will last longer than a day. This is due to the natural oil secretions/skin shedding process of the nail bed (the skin under the nail) the podiatrist will likely advise to re-apply the nail with a hypo-allergenic nail glue to the nail bed as and when required.



Before



After



Before



After



We always put patients at the  
centre of everything we do



## How long does it last?

It is advised that the nail is removed and/or reapplied after 6-8 weeks. You may return to clinic to have the reconstruction removed with a drill or it can be soaked off at home with acetone.

## What is the aftercare advice?

To prevent premature lifting of the nail, it is advisable to avoid shoes which are narrow or pointy around the toe area and heels. Creams/lotions should be avoided around the nail, and the extended exposures in water, such as jacuzzi's or saunas.



Before

After



We provide immediate access to  
specialist podiatry services



## Prices

NAIL RECONSTRUCTION WITH WILDE PEDIQUE PRICES	
Assessment	£40
30 minute - Nail Reconstruction	£40
45 minute - Nail Reconstruction	£60
60 minute - Nail Reconstruction	£80

An assessment is usually necessary before undergoing nail reconstruction, to prepare the nail plate, explain the process and give advice on looking after the new nail.

The price and duration of your nail reconstruction is dependent on an individual basis and will be discussed at the initial assessment.

To arrange an appointment for nail surgery please e-mail [office@chirobody.co.uk](mailto:office@chirobody.co.uk) or call 0330 088 4222.

Save £5 by [booking an appointment online.](#)