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SWIFT Information Pack

What is SWIFT?

SWIFT is a revolutionary treatment for verruca, it uses microwave therapy to stimulate an immune response and clear the verruca virus. It is upon the most effective treatments on the market at the moment.



Who is SWIFT suitable for?

SWIFT is suitable for adults with a verruca which they would like to clear.

There are some exceptions in which people may find themselves contra-indicated for this treatment:

- Lower limb metal work; pins/plates
- Pregnancy
- Children
- Those with a low pain threshold
- Immuno-compromised individuals
- Peripheral arterial disease
- Peripheral neuropathy
- Pace-makers



We always put patients at the
centre of everything we do



What can I expect?

At first, you will require a general assessment where the podiatrist will take a detailed medical history and perform a full examination of your feet and the lesion/lesions, if SWIFT is deemed suitable, the podiatrist will explain the procedure in full and arrange future sessions of SWIFT.

At the first SWIFT appointment, the podiatrist will lightly reduce any overlying callus on the verruca with a scalpel to ensure a flat surface for the probe to gain full contact against the verruca.

The podiatrist will apply the probe to the verruca, each wave is two seconds long, and this is performed around 5 times to each area. The amount of times the treatment is applied is dependent on the size and amount of verrucas.

No dressings are required after the treatment, there is no wound and there is no need to perform any intervention in between sessions. Some patients may experience blistering, or a black discolouration (haematoma) to the area which is completely normal. SWIFT treatments are performed every four weeks

Does it hurt?

It can be described as a hot bee sting which quickly subsides as soon as the timer on the probe stops delivering microwaves. It is a painful treatment therefore is not suitable for those with a low pain threshold. Few people may experience a slight tingling sensation around the verruca for some hours post treatment.

How many treatments are required?

On average 4 treatments are required, occasionally some may require more/less. Those with large or long standing verrucas may require more treatments. A follow-up appointment will then be booked 12 weeks after the final treatment, as this is how long it can take for the immune response to kick in.

How effective is it?

The latest research has shown that with the above treatment protocol, SWIFT is 74% effective after three treatments, and 82% effective after four. Although please be aware, even though this is a very effective treatment, as with any other verruca treatment intervention it is not 100% guaranteed to work.

What if it does not work?

If the SWIFT treatment has not fully eradicated the verruca at the 12 week review, the podiatrist may recommend further sessions or a different verruca treatment option.

What are the prices?

- General assessment - £52.50
- SWIFT treatment - £115 per session

To arrange an appointment for an assessment please e-mail office@chirobody.co.uk or call 0330 088 4222.

Save £5 by [booking an appointment online.](#)



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