

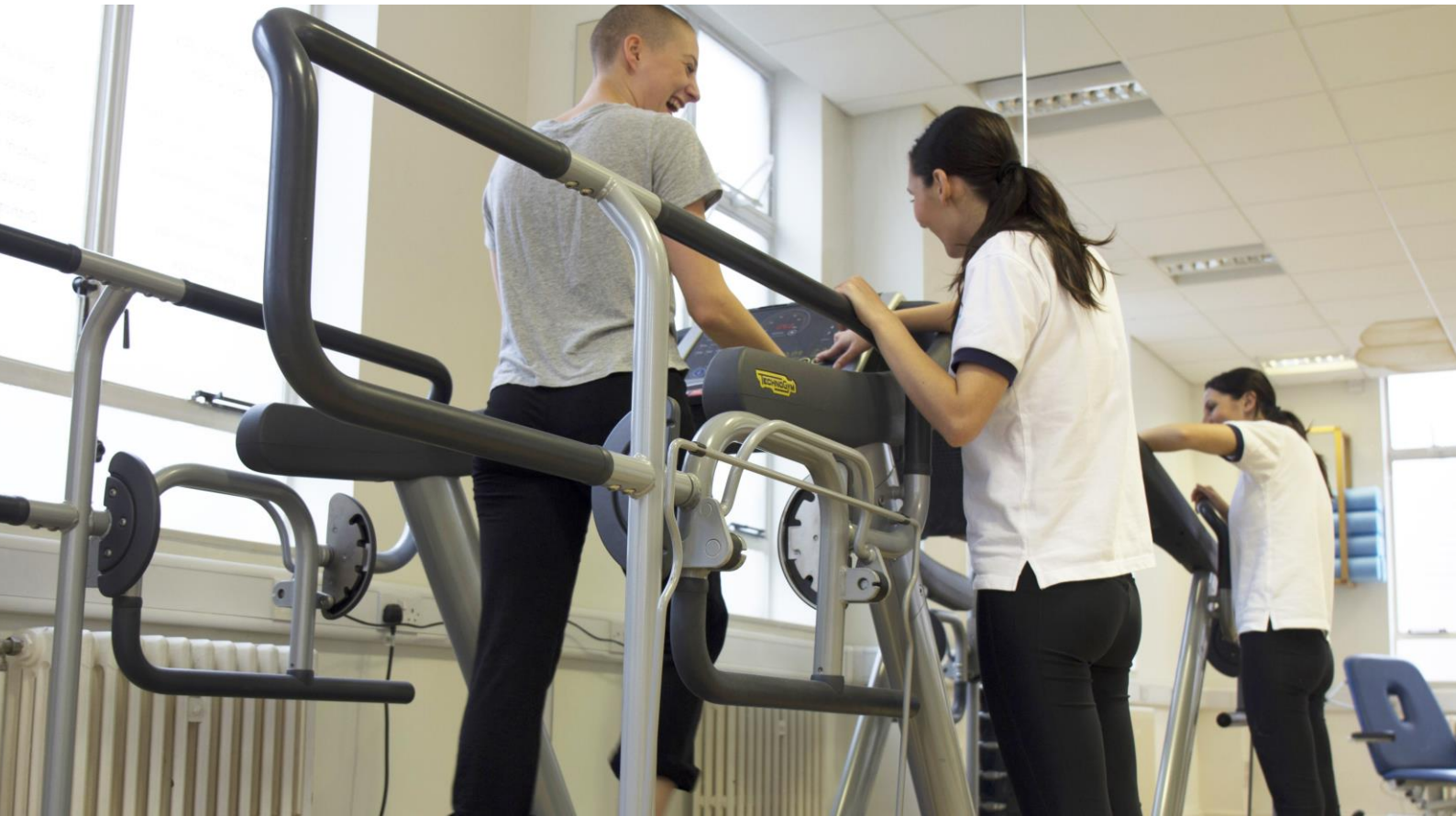


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Biomechanical Assessment

What is it?

A biomechanical assessment is a process used by podiatrists as a way of analysing the function of the foot and lower limb, to determine any contributing factors to foot pain or injury. Podiatrists will look at the lower limb and associated structures singularly, and as a whole.





We always put patients at the
centre of everything we do

What can I expect?

Your podiatrist will assess the structure and function of your lower limb when non-weight bearing, standing and whilst walking. They will maneuver the joints to look at their quality and range of motion. They will assess soft tissues for any weakness or wasting. Your podiatrist will be looking at the different angles of each structure in relation to each other, and determine any asymmetries. A gait analysis may involve you walking on a treadmill whilst being video recorded.

Once the assessment has been conducted, your podiatrist will discuss their findings with you and construct a relevant treatment plan. This may include;

- Exercise programme
- Balance rehabilitation
- Orthoses prescription
- Footwear advice
- Activity modification
- Ultrasound
- Acupuncture
- Referral for further imaging
- Referral for physiotherapy



We provide immediate access to
specialist podiatry services



Prices

- Biomechanical assessment* - £80
- Custom-casted orthoses - £295
- Off the shelf orthoses - £60-£180

*includes fitting and review appointment

To arrange an appointment for nail surgery please e-mail office@chirobody.co.uk or call 0330 088 4222.

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